

SPROWSTON GROW YOUR COMMUNITY NETWORK

Notes of meeting held at 10 am, Wednesday, 21st March 2018 at The Hub, Aslake Close

Present : Ken Lashley – Sprowston Senior Citizens Club
Margaret Young – Sprowston Dementia Friendly Community
Judy Leggett – Broadland District and Sprowston Town Councillor
June Hunt – Town Clerk, Sprowston
Mike Ellard, Alan Morris – Sprowston Community Greenhouse Project
Teresa Chapman - The Hub
Bill Couzens, Barbara Lashley - Sprowston Town Councillors

Apologies : Samantha England – Sprowston Town Councillor
John Ward – Sprowston County, District and Town Councillor
Claire Lincoln – Sprowston Youth Engagement Project
Michael Graves – Sprowston Churches
Simon Stokes – St Mary & St Margaret and St. Cuthbert's church
Hayley Howes – Sprowston Community Dementia Café

1. Welcome and introductions.

Ken Lashley chaired the meeting and welcomed everyone.

2. Notes of meeting held on 30th November 2017 – matters arising.

The notes were agreed. There were no matters arising that would not be dealt with elsewhere on the agenda.

3. Updates.

(a) Greenhouse project - Mike Ellard and Alan Morris.

About 10 to 13 people attend each Monday. They were currently raising plants for sale at various upcoming events. There had been some water leaks etc. in the greenhouse but these were now all repaired. The broken glass was soon to be repaired for free. On February 26th, they had received help from members of the Good Gym, who ran from the city, worked inside the greenhouse for an hour, then ran back – doing all this in the snow!

The project is keen to establish some community vegetable plots (places where food is grown and people are encouraged to pick and use the produce) and the meeting discussed possible locations for these. It was agreed to ask NPS if a 6' by 4' raised bed could be placed on the grass verge on the corner of Aslake Close and Church Lane. Also, Mike would look at the raised beds at the Recreation Ground to see whether they could be used to promote the scheme – June suggested these as they could be watered in conjunction with the bowling green. Teresa said the woodworking group at the Hub had pallets etc. which might be useful for construction of the beds.

The project always has a need for plant pots, but not plastic ones.

(b) Dementia Friendly Community/Café – Margaret Young.

The café continued to run successfully and would hopefully benefit from being included in the current token scheme running at the Co-op. The application had been for funds to enable an appropriate summer outing to be arranged for café users and volunteers.

We had held another ‘awareness day’ at Tesco’s on 10th February. Also, two further Dementia Friends sessions had been held – one for staff at a hairdressers in Shipfield and the other for the clergy of Sprowston churches. The Woodman public house had also expressed an interest in holding a session. Sprowston has been accepted as working towards becoming a Dementia Friendly Community by the Alzheimers Society and we are now recognised on their website. We also participate in the Broadland Dementia Action Alliance which is seeking to encourage businesses and others to promote and adopt dementia friendly practices.

We will be holding a ‘Cupcake Day’ event at Gage Road chapel on Wednesday, 20th June, starting at 2.30 pm.

(c) Armistice Centenary Weekend – Ken Lashley

An initial meeting had been held for anyone interested in being involved in arranging the commemoration in Sprowston. Representatives from the church and the Scouts had attended, also Ken. The Scouts are already planning on a poppy display project which they will work on at their summer camp.

The Sprowston Senior Citizens Club would make their premises available on the Saturday for use for a display and /or refreshments.

The churches were discussing how they could link their commemorations on Sunday, with a possible video link to the Methodist church. It is known that the Royal Anglians hold their own commemoration at the memorial on Mousehold Lane and Ken had undertaken to contact them, although at the time of reporting they had not responded to contact via their web-site.

The group was looking at a possible reprint of Peter Sneddon’s book about Sprowston’s war dead.

The Town Council was discussing a commemorative tree project.

Revd. Dean is planning a drama event.

The group is looking for somebody to co-ordinate a display, possibly at the Diamond Centre. It would also like to develop a standard theme/logo and contact would be made with schools whether this could be done via a competition.

The next meeting of the group would be at 5 pm on Thursday 19th April at St. Cuthbert’s. Please encourage interested people to come forward to do things.

Teresa undertook to talk to The Hub about involvement.

4. Any other business.

No other business was raised.

5. Date, time and place of next meeting.

The next meeting will be held at The Hub, Aslake Close, on Thursday, 24th May at 10am.